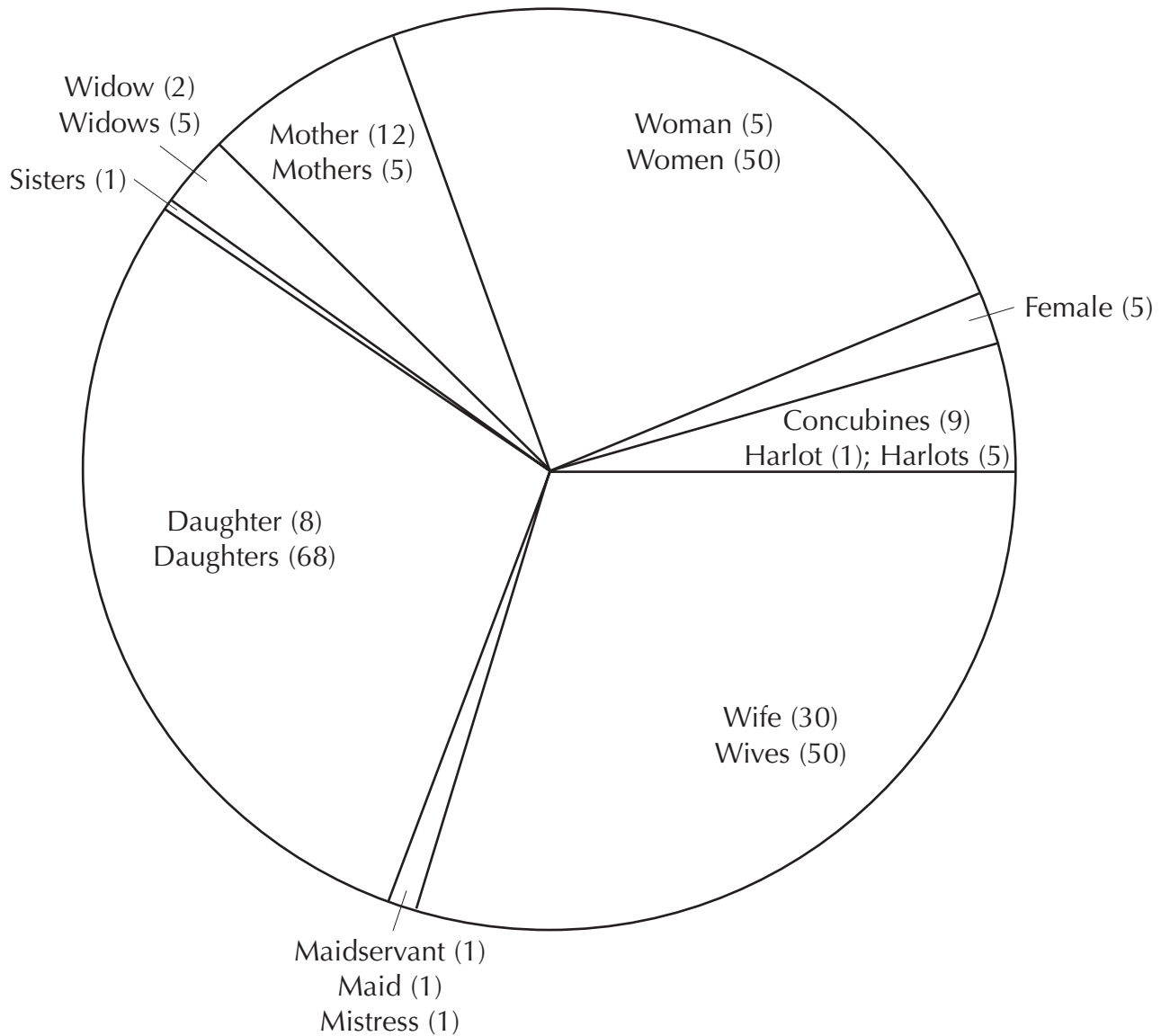


Women in the Book of Mormon



Specific Women Mentioned in the Book of Mormon

Title	Number	Specific Women Mentioned
Known by name	6	Eve, Sarah, Mary, Sariah, Isabel, Abish
Known as wives or queens	12	Lehi's, Ishmael's, Nephi's, Lamoni's, Lamoni's father's, Amalickiah's, Coriantum's, Akish's, Zoram's, Laman's, Lemuel's, Sam's
Known as daughters	at least 44	Ishmael's (5 or more), Laman's (2 or more), Lemuel's (2 or more), Lehi's (2 or more), Lamoni's (2 or more), Jared's, Coriantumr's (2 or more), Cohor's (2 or more), Corihor's (2 or more), 24 Lamanite daughters

Women in the Book of Mormon

Key Scriptures 1 Nephi 16:7; Jacob 2:31–35

Explanation Although women do not receive prominent attention in all parts of the Book of Mormon, they are referred to more often than most readers realize. Six are mentioned by name (Eve, Sarah, Mary, Sariah, Isabel, Abish); others are known by title (such as Ishmael's daughters, King Lamoni's wife, or Morianton's maidservant). Many more women are recognized collectively, primarily in their roles as wives, mothers, and daughters, but also as sisters, maids, and widows. Women are also mentioned frequently as members of numerous groups, multitudes, cities, or general populations. Only two women (Isabel and the daughter of Jared) are seen explicitly in negative roles; most others (notably the twenty-four Lamanite daughters and the mothers of Helaman's stripling warriors) are seen as strong, righteous individuals. The totals on this chart do not include pronoun references or metaphorical allusions to women.

Sources Allison Welch, student of John W. Welch, Book of Mormon 121H, Brigham Young University, fall 1997; and Donna Lee Bowen and Camille S. Williams, "Women in the Book of Mormon," in Daniel H. Ludlow, ed., *Encyclopedia of Mormonism*, 5 vols. (1992), 4:1577–80.