



BOOK OF MORMON CENTRAL http://bookofmormoncentral.org/

The Interpreter Foundation https://www.mormoninterpreter.com/

Some Notes on Book of Mormon Names

Author(s): Stephen D. Ricks

Source: Interpreter: A Journal of Mormon Scripture, Volume 4 (2013), pp. 155-160

Published by: The Interpreter Foundation

Abstract: This study considers the Book of Mormon personal names Josh, Nahom, and Alma as test cases for the Book of Mormon as an historically authentic ancient document.



The Interpreter Foundation is collaborating with Book of Mormon Central to preserve and extend access to scholarly research on the Book of Mormon. Items are archived by the permission of the Interpreter Foundation. https://mormoninterpreter.com/



Volume 4 · 2013 · Pages 155-160

Some Notes on Book of Mormon Names

Stephen D. Ricks

© 2013 Interpreter Foundation. A nonprofit organization.



This work is licensed under the Creative Commons Attribution-NonCommercial-NoDerivs 3.0 Unported License. To view a copy of this license, visit http://creativecommons.org/licenses/by-nc-nd/3.0/ or send a letter to Creative Commons, 444 Castro Street, Suite 900, Mountain View, California, 94041, USA.

The goal of the Interpreter Foundation is to increase understanding of scripture through careful scholarly investigation and analysis of the insights provided by a wide range of ancillary disciplines, including language, history, archaeology, literature, culture, ethnohistory, art, geography, law, politics, philosophy, etc. Interpreter will also publish articles advocating the authenticity and historicity of LDS scripture and the Restoration, along with scholarly responses to critics of the LDS faith. We hope to illuminate, by study and faith, the eternal spiritual message of the scriptures—that Jesus is the Christ.

Although the Board fully supports the goals and teachings of the Church, Interpreter Foundation is an independent entity and is neither owned, controlled by nor affiliated with The Church of Jesus Christ of Latter-day Saints, or with Brigham Young University. All research and opinions provided are the sole responsibility of their respective authors, and should not be interpreted as the opinions of the Board, nor as official statements of LDS doctrine, belief or practice.

This journal is a weekly publication. Visit us at MormonInterpreter.com

Some Notes on Book of Mormon Names

Stephen D. Ricks

The Book of Mormon as an Ancient Document: Proper Names as a Test Case

Abstract: This study considers the Book of Mormon personal names Josh, Nahom, and Alma as test cases for the Book of Mormon as an historically authentic ancient document.

↑ t the beginning of *Lehi in the Desert*, the late, legendary Hugh Nibley reviews the distinguished American archaeologist William F. Albright's criteria for determining the historical plausibility of the Middle Egyptian tale of Sinuhe, which Albright considers to be "'a substantially true account of life in its milieu' on the grounds (1) that its 'local color [is] extremely plausible,' (2) it describes a 'state of social organization' which 'agrees exactly with our present archaeological and documentary evidence,' (3) 'the Amorite personal names contained in the story are satisfactory for that period and region,' and (4) 'finally, there is nothing unreasonable in the story itself." Nibley then asks about the story of Lehi: "Does it correctly reflect 'the cultural horizon and religious and social ideas and practices of the time'? Does it have authentic historical and geographical background? Is the mise-en-scène mythical, highly imaginative, or extravagantly improbable? Is its local color correct, and are its proper names convincing?" As regards proper names

^{1.} Hugh Nibley, Lehi in the Desert; The World of the Jaredites; There Were Jaredites (Salt Lake City: Deseret Book and FARMS, 1988), 3.

^{2.} Nibley, Lehi in the Desert, 4.

in the Book of Mormon, they are arguably ancient, deriving either from ancient Hebrew, another ancient Semitic dialect, ancient Egyptian, or some other ancient language. The following three Book of Mormon proper names—Josh, Nahom, and Alma (the first of several that will be presented and discussed in forthcoming issues of this journal)—are illustrations of the ancient setting of this book, as well as being of interest in their own right.

Book of Mormon Proper Names: Josh, Nahom, Alma *JOSH*

The Book of Mormon proper name **Josh** (mentioned as a place name in 3 Nephi 9:10 and as a personal name—the name of a Nephite general—in Mormon 6:14) is not, as English speakers might suppose, an abbreviated form of Joshua (Hebrew *Yehōshua'*) but of Josiah (Hebrew *Yō'shiyyāhū*). The unabbreviated name means "the Lord is a support," from the hypothetical Hebrew root *'ashah* "to support" (cf. the noun form *'oshyāh*, "support, buttress").

Josh, in a slightly different abbreviated form from this root, appears in the Lachish Letters³ as $J\bar{a}^{2}u\check{s}^{4}$ (an abbreviated form of $y\bar{a}^{2}ushy\bar{a}h\bar{u}$, "the Lord will give as a gift"), according to the preexilic pronunciation. In their illuminating study, "Book of Mormon Names in Ancient Hebrew Inscriptions," John A. Tvedtnes, John Gee, and Matthew Roper note that "four of the bullae found near Tel Beit Mirsim and dating from ca. 600 BC bear the name Y3. Three of them were made from the same seal." They also point out that the personal name Y3 appears

^{3.} Hugh Nibley was the first person to call attention to the *Jā'uš* in the Lachish letters. See "The Lachish Letters: Documents from Lehi's Day," *Ensign*, 11:12 (December 1981): 51.

^{4.} For the most recent treatment of this name in the Lachish letters see Shmuel Ahituv, *Echoes from the Past: Hebrew and Cognate Inscriptions from the Biblical Period* (Jerusalem: Carta, 2008), 481–82.

^{5.} John Gee, John A. Tvedtnes, and Matthew Roper, "Book of Mormon Names Attested in Ancient Hebrew Inscriptions," *Journal of Book of Mormon*

six times in the fifth-century B.C. Jewish Aramaic papyri from Elephantine in Upper Egypt.⁶ The Book of Mormon form, *Josh*, reflects the loss of the consonantal quality of the "waw" from the Hebrew root 'wš, meaning "to give, to gift; gift, reward, etc." Though the root 'wš does not occur apart from personal names in the Hebrew Bible, it does occur in, for example, Ugaritic usûn, "gift"; Arabic 'āsa, "to give, reward"; 'aws, "gift"; Old South Arabian 'ws.⁷

NAHOM

Surprisingly, evidence for **Nahom**, the name of the place where Ishmael was buried (1 Nephi 16:34), is based on historical, geographic, and archaeological—and only secondarily on etymological—considerations.

Three altar inscriptions containing NHM as a tribal name and dating from the seventh to sixth centuries BC—roughly the time period when Lehi's family was traveling though the area—have been discussed by S. Kent Brown.⁸ Dan Vogel, writing in the misleadingly named *Joseph Smith: The Making of a Prophet* and responding to two books by LDS authors about Lehi's journey in the Arabian desert, has objected to the dating of the Arabian word NHM: "There is no evidence dating the

Studies 9/1 (2000): 49, 78, citing Nahman Avigad, Hebrew Bullae from the Time of Jeremiah: Remnants of a Burnt Archive (Jerusalem: Israel Exploration Society, 1986), 42–43, 59; Robert Deutsch and Michael Heltzer, New Epigraphic Evidence from the Biblical Period (Tel Aviv: Archaeological Center Publication, 1995), 56–57; Nahman Avigad and Benjamin Sass, Corpus of West Semitic Stamp Seals (Jerusalem: Israel Academy of Sciences and Humanities, 1997), 184, 202–3.

- 6. Gee, Tvedtnes, and Roper, "Book of Mormon Names," 48, 78, citing Elephantine Documents 12:8; 13:13; 18:5; 22:89; 39:4; 40:5, in Arthur Cowley, *Aramaic Papyri of the Fifth Century BC* (Oxford: Clarendon, 1923).
- 7. See further Ludwig Köhler and Walter Baumgartner, *Hebrew and Aramaic Lexicon of the Old Testament* (Leiden: Brill, 1994), 1:26.
- 8. Brown, "New Light from Arabia on Lehi's Trail," in *Echoes and Evidences of the Book of Mormon*, ed. Donald W. Parry, Daniel C. Peterson, and John W. Welch (Provo, UT: FARMS, 2002), 55–125, esp. 81–82.

Arabian NHM before A.D. 600, let alone 600 B.C." It should be noted, however, that Burkhard Vogt, perhaps unaware of its implications for the Book of Mormon, dates an altar having the initial letters NHM(yn) to the seventh to sixth centuries BC. This is not insignificant since Vogel's book was published in 2004, while Vogt's contribution was published in 1997.

Nhm appears as a place name and as a tribal name in southwestern Arabia in the pre-Islamic and early Islamic period in the Arab antiquarian al-Hamdani's *al-Iklīl*¹¹ and in his *Ṣifat Jazīrat al-'Arab*.¹² If, as Robert Wilson observes, there is minimal movement among the tribes over time, the region known in early modern maps of the Arabian Peninsula as "Nehem" and "Nehhm" as well as "Nahom" may well have had that, or a similar, name in antiquity.¹⁴

The Hebrew root *nhm*, meaning "to groan" (of persons),¹⁵ mentioned in Ezekiel 24:23 and Proverbs 5:11, may reflect the actions of the daughters of Ishmael in 1 Nephi 16:35 in "mourn[ing]

^{9.} Dan Vogel, *Joseph Smith: The Making of a Prophet* (Salt Lake City: Signature Books, 2004), 609.

^{10.} Burkhard Vogt, "Les temples de Ma³rib," in *Yémen: au pays de la reine de Saba* (Paris: Flammarion, 1997), 144.

^{11.} Al-Hasan ibn Ahmad al-Hamdani, *al-Iklil*, ed. Nabih Faris (Princeton: Princeton University Press, 1940), 35, 94.

^{12.} al-Hamdani, *Sifat Jazirat al-'Arab*, ed. David H. Müller (Leiden: Brill, repr. 1968), 49, l. 9; 81, l. 4, 8, 11; 83, l. 8, 9; 109, l. 26; 110, l12. 2, 4 126, l. 10; 135, l. 19, 22; 167, l. 15–20; 168, l. 10, 11, where *nhm* is listed as either the name of a "region, territory" (Ar. *balad*) or a "tribe" (Ar. *qabila*); Jawad 'Ali, *Al-Mufassal fi Ta'rikh al-'Arab qabla al-Islam* (Beirut: Dar al-'Ilm lil-Malayin, 1969–73), 2:414, gives "Nhm" as the name of a "region" (Ar. *ara*) during the period of the "*mukar-ribs* and the [ancient] kings of Saba" (Ar. *fi ayyam al-mukarribina wa-fi ayyam muluk Saba*'); he also gives "Nhm" as a place name, *Al-Mufassal*, 4:187 and 7:462.

^{13.} Robert Wilson, "al-Hamdani's Description of Hashid and Bakil," *Proceedings of the Seminar on Arabian Studies* 11 (1981): 95, 99–100.

^{14.} On the names of this location in maps of the early modern era (1751-1814), see James Gee, "The Nahom Maps," *Journal of the Book of Mormon and Restoration Scripture* 17/1 (2008): 40–57.

^{15.} D. J. A. Clines, ed, *The Dictionary of Classical Hebrew* (Sheffield: Sheffield Academic Press, 2001), 5:631.

exceedingly, because of the loss of their father, and because of their afflictions in the wilderness." Were the name originally "Neḥem," the Semitic roots suggested in 1950 by Hugh Nibley (the Arabic naḥama, "to sigh or moan;" and the Hebrew root nḥm, "comfort")¹⁶ would also fit the context of 1 Nephi 16.

ALMA

Although the female personal name Alma (from the Latin adjective *almus*, *alma*, *almum*, "nurturing, fostering,") is popular in the Western tradition of naming, the male personal name **Alma** is of incontestable antiquity. The name appears at least eight times in documents dating from the late third millennium BC from the archives at Ebla (located in modern-day Syria).¹⁷ It also occurs in the Bar Kokhba letters, dating from the period of the Second Jewish Revolt in AD 132–35.¹⁸ It appears as Alma ben Yehudah ("Alma son of Judah") in a business document and is written both 'lm' and 'lmh.

The initial consonant of the name **Alma** in the Bar Kokhba documents is *aleph* (transliterated as ³). However, the name ultimately derives from the consonant *ghayin* (hence the pronunciation *ghlm*³ in the period before the third century BC). However, over the centuries the sound *ghayin* came to be pronounced as ^cayin and, finally, as ³aleph.¹⁹

The Hebrew word 'elem occurs twice in the Old Testament—once at 1 Samuel 17:56 and again at 1 Samuel 20:22 with the

^{16.} Hugh W. Nibley, "Lehi in the Desert," *Improvement Era* 53 (June 1950): 517; Nibley, *Lehi in the Desert and the World of the Jaredites* (Salt Lake City: Bookcraft, 1952), 79, 90–91.

^{17.} Terrence L. Szink, "The Personal Name 'Alma' at Ebla," *Religious Educator* 1/1 (2000): 53–56; see also Szink, "New Light: Further Evidence of a Semitic Alma," *Journal of Book of Mormon Studies* 8/1 (1999): 70.

^{18.} Yigael Yadin, Bar Kokhba: The Rediscovery of the Legendary Hero of the Last Jewish Revolt against Imperial Rome (Jerusalem: Steimatzky, 1971), 121.

^{19.} On aleph and 'ayin in the spelling of the name "Alma," see John A. Tvedtnes, "More on the Name Alma" *Book of Mormon Research* (September 2008), which may be accessed online at http://bookofmormonresearch.org/more-on-the-name-alma.

meaning "youth, lad." The personal name **Alma** (*'lm'*) may well be a hypocoristic form (a word or name with the name of deity—El—suppressed), thus "God's lad, youth." Strikingly, in Mosiah 17:2 when **Alma** is first introduced, he is described as a "young man," a subtle play on words that would likely have escaped Joseph Smith, whose education in ancient Hebrew did not begin until after his arrival in Kirtland, Ohio in the early 1830s.

The demonstrable antiquity of these names is significant for understanding the Book of Mormon as an ancient document. The names themselves are arguably Semitic: two (**Josh** and **Alma**) are Hebrew but are not found in the Bible, while the third (**Nahom**) is ancient Arabian and attested archaeologically from the period dating from the seventh to sixth centuries BC. The name **Alma** contains a subtle play on words that Joseph Smith would most likely not have understood given the state of his understanding of ancient Hebrew at that time. All of this, in turn, obliges the reader to decide whether Joseph Smith was an unsophisticated hayseed who just happened to get these names right, or a divinely inspired translator.

Stephen D. Ricks completed his BA in Ancient Greek and MA in the Classics at Brigham Young University, and then received his PhD in ancient Near Eastern religions from the University of California, Berkeley and the Graduate Theological Union. While completing his doctoral work he spent two years studying at the Hebrew University in Jerusalem. He is now professor of Hebrew and Cognate Learning at Brigham Young University where he has been a member of the faculty for over thirty years.