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Book of Mormon Gems of Truth: Lesson 29

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Abstract: Monthly Book of Mormon lessons for adult women (Relief Society). Each month a verse of Book of Mormon scripture is presented with accompanying quotes from General Authorities and writers of the Church.

Visiting Teacher Messages

Book of Mormon Gems of Truth

Lesson 29—" . . . For Just As Surely As This Director Did Bring Our Fathers, by Following Its Course, to the Promised Land, Shall the Words of Christ, If We Follow Their Course, Carry Us Beyond This Vale of Sorrow Into a Far Better Land of Promise" (Alma 37:45).

Leone O. Jacobs

For Tuesday February 1, 1955

Objective: To point out that everyone has the power within himself to reach ". . . the land of promise . . ." by living by the words of Christ.

THE "ball" or "director" found by father Lehi, as the little band of travelers took their journey into the wilderness, was prepared by the Lord to show them the course which they should follow. This "director" was also called "Liahona," meaning "a compass." In comparing the words of Christ to the "director," Alma gives us a beautiful and fitting simile. The words of Christ are designed to point the way to that glorious land where we may live in the presence of God. How grateful we should be that the way is so clearly marked!

The simile continues in its application for, as Nephi observed, the pointers worked ". . . according to the faith and diligence and heed which we did give unto them" (1 Nephi 16:28). Having a compass in our possession is no guarantee that we will reach our goal. It is important for us to remember that

its practical value is in following its direction, unerringly.

The Nephites did not always find it easy to follow the "director." At times they faltered, were slothful in exercising faith and diligence, and then their progress was impeded. So it may be with us. A knowledge of Christ's words, and diligence, faith, and unswerving devotion in following them, is the price of attaining that "land of promise." Following Christ's words with faith is our directive in attaining our salvation.

When we know we are on the right course, that assurance gives us confidence to overcome the obstacles along the way and see the journey through. This assurance by Alma should increase each one's determination to follow the principles which will make his own arrival in the eternal "land of promise" a reality.

Time by the Heart

Vesta N. Lukei

Time is
So relative . . .
A moment of sorrow
Exceeds an hour of happiness
And joy.