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KnowWhy #248 - How Could Shiz Move and Breathe After Being Beheaded?

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Abstract: During the final Jaredite battle, when Coriantumr cut off the head of Shiz, Shiz “raised up on his hands and fell; and after that he had struggled for breath, he died” (Ether 15:31). When someone is decapitated through the base of the skull, certain muscles in the arms and legs contract, as does the rib cage. This caused Shiz to raise up on his hands, and caused his rib cage to expand and contract automatically, making it sound like Shiz was “struggling for breath.” This is a reminder, both of the authenticity of the Book of Mormon, but also of the horrors of war.



Consequences of Two Kings By Brian C. Hailes

How Could Shiz Move and Breathe After Being Beheaded?

“And it came to pass that after he had smitten off the head of Shiz, that Shiz raised up on his hands and fell; and after that he had struggled for breath, he died.”

Ether 15:31

The Know

During the final Jaredite battle, the great king Coriantumr cut off the head of his opponent, Shiz.¹ But “after he had smitten off the head of Shiz ... Shiz raised up on his hands and fell; and after that he had struggled for breath, he died” (Ether 15:31). A man struggling for breath without a head is hard to imagine (and most people would not want to). However, this strange event is supported by medical research.

Dr. M. Gary Hadfeld, a professor of neuropathology, discovered a possible medical explanation for Shiz’s actions. He stated that “Coriantumr was obviously too exhausted to do a clean job. His stroke evidently strayed a little too high. He must have cut off Shiz’s head through the base of the skull, at the level of the midbrain.”² If this was the case, then Shiz’s strange death scene makes sense.

Hadfield explained, “Shiz’s death struggle illustrates the classic reflex ... when the upper brain stem ... is disconnected from the brain.”³ Certain muscles in the arms and legs contract, and this could have caused Shiz to raise up on his hands. This also explains why Shiz would, “struggle for breath.” Hadfield stated that this botched decapitation “would also cause his rib cage to

expand and contract automatically, as it does in all of us when we are sleeping.”⁴ This would have made it sound like Shiz was “struggling for breath.” This type of neural phenomenon was first reported in 1898, many years after the publication of the Book of Mormon.⁵

Hadfield noted that “the event obviously astonished both Ether and Moroni, who chronicled it.” This is likely why they both would have felt compelled to include it. Even though Moroni would have been familiar with war and the head-injuries that go with it, he still “singled out this extraordinary occurrence to include in his abridgement. Perhaps Ether and Moroni had concluded that Shiz’s last-minute ‘pushup,’ ... was due to an unconquerable spirit, an unwillingness to die.”⁶ Even in death, Shiz’s bloodlust knew no bounds.

The Why

In the past, some have considered this story to be utterly unbelievable. Yet the details turn out to be scientifically sound. This grisly event is uncomfortably true to life, showing yet another example of the benefits of patient investigation over shallow reading.

Notes

1. Decapitating a captive like this would have been common in both the Ancient Near East and pre-Columbian America. See Morgan W. Tanner, “Jaredites,” *Encyclopedia of Mormonism*, 4 vols., ed. Daniel H. Ludlow (New York, NY: Macmillian, 1992), 2:719.

2. M. Gary Hadfield, “Neuropathology and the Scriptures” *BYU Studies* 33, no. 2 (1993): 325. This understanding assumes that part of the bottom of the head survived, so that Coriantumr did not “smite off” *all* of the head of Shiz, which some people have taken objection to. However, such a literal reading of the text is unnecessary. See Brant A. Gardner, *Second Witness: Analytical and Contextual Commentary on the Book of Mormon*, 6 vols. (Salt Lake City, UT: Greg Kofford Books, 2007), 6:326, including footnotes.

3. M. Gary Hadfeld, “The ‘Decapitation’ of Shiz,” in *Pressing Forward with the Book of Mormon: The FARMS Updates of the 1990s*, ed. John W. Welch and Melvin Thorne (Provo UT: FARMS, 1999), 266.

4. M. Gary Hadfield, “My Testimony, as an Academician, of God and of the Church of Jesus Christ of Latter-day Saints,” at *Mormon Scholars Testify*, April, 2010, online at mormonscholarstestify.org.

5. See C. S. Sherrington, “Decerebrate Rigidity, and Reflex Co-ordination of Movements,” *Journal of Physiology* 22 (1898): 319.

6. Hadfield, “My Testimony,” online at mormonscholarstestify.org.

7. Craig James Ostler, “Shiz,” in *Book of Mormon Reference Companion*, ed. Dennis L. Largey (Salt Lake City, UT: Deseret Book, 2003), 722.

8. Catherine Thomas, “A More Excellent Way (Ether 9–15),” in *The Book of Mormon, Part 2: Alma 30 to Moroni*, Studies in Scripture, Volume 8, ed. Kent P. Jackson (Salt Lake City, UT: Deseret Book, 1987), 279–280.

In addition, this uncomfortably gruesome detail, described as the “most graphic passage in scripture” reminds the reader of the brutality of war.⁷ Moroni chose a brutal decapitation as one of the major events to end the book of Ether with. He could have left out such an uncomfortable detail, but both Ether and Moroni chose to include it. Moroni may have wanted to emphasize the brutality and hopelessness of this war.

Catherine Thomas put it well:

In reflection of the utter ... perishability of their lives and works, [Coriantumr and Shiz] held onto nothing but their swords; no security offered itself. The relentless law of the harvest rolled upon them, and they lived out their remaining days like specters in a terrifying nightmare of anger – sickness, howling, stench, and blood. The lives they had chosen had filled them, not with desire for peace and abundant, thriving life, but with hatred and self-destruction. The ultimate end of evil is death.⁸

Most readers of the Book of Mormon only like to remember the glorious aspects of war in the Book of Mormon. Moroni does not allow this luxury. Ether 15 portrays an exhausted Coriantumr, covered with blood and mud, so tired that he cannot quite execute a proper decapitation. The brutality of this scene offers a stark reminder that war is always horrific, and that people should not forget the ultimate ending to such senseless conflict. This lesson was not lost on Moroni, who had seen his entire civilization destroyed through war. In the modern world, which is still steeped in warfare, it should also not be lost on readers today.

Further Reading

Craig James Ostler, “Shiz,” in *Book of Mormon Reference Companion*, ed. Dennis L. Largey (Salt Lake City, UT: Deseret Book, 2003), 722.

M. Gary Hadfield, “The ‘Decapitation’ of Shiz,” in *Pressing Forward with the Book of Mormon: The FARMS Updates of the 1990s*, ed. John W. Welch and Melvin J. Thorne (Provo UT: FARMS, 1999), 266–268.

M. Gary Hadfield, “Neuropathology and the Scriptures,” *BYU Studies* 33, no. 2 (1993): 313–328.

